

# Various problems were improved to this extent by the health effects of scallop plasmalogen.

Dementia is a progressive disease in which symptoms become worse over the months and years after onset.

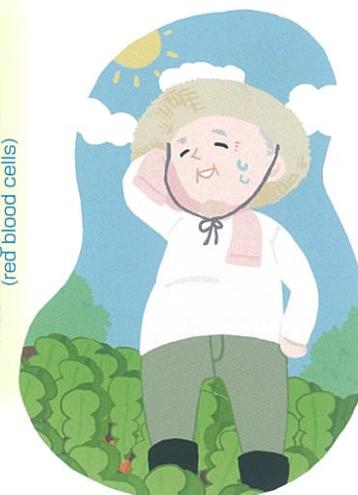
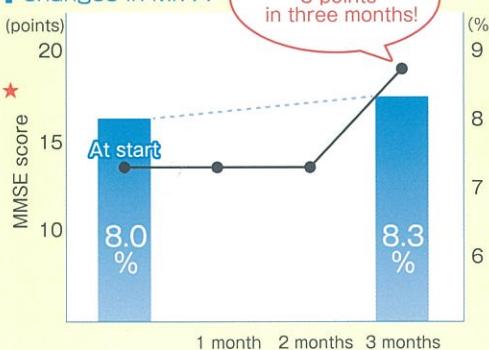
Symptoms of dementia clearly eased in people taking scallop plasmalogen, and they were able to gradually return to normal life. This result is also tied to a reduction in the burden on caregivers and an improvement in the quality of life (QOL).

## Mr. A

- 80s
- Male
- Alzheimer's
- Dementia history: 3 years

Although the symptoms of repeating activities continued, he began to actively enjoy life by taking part in ball games at the elderly club, inviting friends for a meal, and growing vegetables in the garden after starting scallop plasmalogen.

### Graph showing changes in Mr. A



\*MMSE = cognitive learning test

## Ms. B

- 70s
- Female
- Alzheimer's
- Dementia history: 11 years



### Graph showing changes in Ms. B



Ms. B suffered from strong delusions and could no longer look after herself. Two months after starting scallop plasmalogen, changes were seen. She began putting on lipstick and accessories by herself. This reduced the feeling of burden on her husband who was taking care of her.

## Mr. C

- 70s
- Male
- Alzheimer's
- Dementia history: 1 year

He became irritable because of the interference of daily tasks. His Go skill (Chinese board game) fell from level 6 to the beginning level.

Changes were noticed after he started scallop plasmalogen. He began to laugh a lot more and show concern. His Go skill returned and he recovered enough to be able to teach Go at a day service facility as a volunteer.

### Graph showing changes in Mr. C

